## **CONTENTS**

	Acknowledgments	ix
	Introduction	1
PART I:	THE SUSTAINABLE IMPERATIVE	5
Chapter 1	Striking Out in a New Direction	7
PART II:	CHOICES	31
Chapter 2	Rammed Earth Homes	33
Chapter 3	Straw Bale Homes	64
Chapter 4	Earthships and Beyond	96
Chapter 5	Adobe Homes	123
Chapter 6	Cob Homes	144
Chapter 7	Cordwood Homes	168
Chapter 8	Log Homes	186
Chapter 9	Stone Homes	208
Chapter 10	Emerging Natural Building Techniques	227
PART III:	SUSTAINABLE SYSTEMS	253
Chapter 11	Energy Independence: Passive Solar Heating and Cooling	255
Chapter 12	Energy Independence: Generating Electricity from Sun, Wind, and Water	284

Chapter 13	Environmentally Sustainable Water Systems	316
Chapter 14	Green Building Materials: Creating the Ultimate Environmentally Friendly Home	350
Chapter 15	Site Considerations: Choosing a Site, Protecting It during Construction, and Restoring the Land	385
Chapter 16	Building an Alternative Home: What You Need to Know to Get Your Home Built	420
	Resource Guide	441
	Index	460